

Hello Bobcats I have compiled a list of questions and answers for Physical Education class and Sports. These are general questions I get asked so, this is a helpful guide to those questions.

PE

Q- Can students bring a change of shoes to class?

A- Yes, they are allowed to bring a pair of shoes to change into as long as they are tennis shoes appropriate for class.

Q-Can students bring their own water bottle?

A-Yes, they can bring their own water bottle to class as long as it fits into the school code for water bottles.

Q-Do students have to participate if they are injured?

A- If it is a proper injury they will not participate. A proper injury must have documentation in the form of a doctor's note or parent email. It needs to be delivered to myself or the nurse

Q- Does sitting out due to injury affect the student's grade?

A- No, an injury is a proper excuse to not participate.

Q- If a student gets injured in class will they sit out?

A- Yes, as a precaution they will sit out for an injury and a parent will be notified by me via phone call.

Q- What are the grades for PE class?

A- Grades for class are participation, and behavior both are part of the overall grade. Everyone starts with a 100 and then points will be taken off accordingly (usually 5 points) for behavior or lack of participation. Each time points are taken off it will be documented.

Athletics

Q- Does a student need a physical in order to practice?

A- Yes, students must have a completed physical in order to practice in any sport. This is a requirement; the physical must be turned in the front office.

Q-Where can I find a physical form?

A- On the school website under the Athletics section.

Q- If my child plays multiple sports do they need multiple physicals?

A- No, one physical is good for the entire school year

Q- Are athletes allowed to ride with another player to away games?

A- Yes, players are allowed to carpool together, however, we will need parents' permission to do so. An email can be sent to myself or the front office with the parent giving permission for their child to ride to and from away games with another parent and player.

Q- Do grades affect if a player plays or not?

A- Yes, in the athletic handbook we have the no pass no play rule. If a player is failing a class or having trouble with behavior in a class, they will not be able to play until their grade is back at a passing level.

Please refer to the SMCS Athletic Handbook for mor details on team sports.